WELCOME TO PSYCHOLOGY ONLINE!

Psychology is an exciting, ever-changing field with great relevance to our lives. I hope you enjoy this course and learning about why people do the things they do.

Although this class is taught exclusively online, I hope to get to know each of you well through our e-mail and discussion postings. I plan to be online most every weekday during our semester together and I am available for questions or to provide additional details about the course content. Be sure to contact the MJC Online Help Desk if you need any technical assistance with Canvas.

I hope you enjoy this semester!

COURSE DESCRIPTION AND OBJECTIVES:

This course will introduce you to the world of psychology by exploring the facts and theories which seek to explain and understand human behavior. Over the course of the semester we will examine methods used by behavioral scientists, the biological basis of behavior, states of consciousness, psychological development across the lifespan, social influences, as well as the causes and treatment of psychological disorders, just to name a few.

Through reading, class discussion, and exercises, this course is designed to provide you with a thorough introduction to psychology to prepare you for future psychology course and/or future life! Most of all, have fun and enjoy learning about what makes you… YOU.

Student Learning Outcomes:

Upon successful completion of Psychology 101: General Psychology, you will have the knowledge necessary to:

1. Identify the humanistic, behavioral, psychoanalytic, humanistic, cognitive, and neuroscience perspectives.

2. Discuss basic research methodologies used in psychological science.
Class participation is essential to your success in this course. You are expected to be an active student in this class by participating in online discussions and keeping up with all weekly assignments.

This course is designed so that each week contains a separate unit of information. The "week" begins on Monday morning at 6:00 am and ends on Sunday at midnight (all times are Pacific Time). Every week you will access the course and find new reading assignments, lectures, the weekly quiz, and other materials in each MODULE. **ALL ASSIGNMENTS FOR THE WEEK ARE DUE BY THE END OF THE WEEK (SUNDAY AT MIDNIGHT).**

I will release course materials and assignments on a week-by-week basis so we are all studying and discussing the same topics, but you may work at your own pace within each week. **NO LATE DISCUSSION POSTINGS, QUIZZES, OR OTHER ASSIGNMENTS WILL BE ACCEPTED AFTER MIDNIGHT SUNDAY EACH WEEK.**

**WEEKLY DISCUSSIONS:**

Discussion topics will be identified each week and will be related to the textbook reading, lectures, and assigned exercises. You are required to participate in online discussions twice a week (2 different postings each week) throughout the semester by 1) posting a response to the assigned topic and 2) posting a response to another student (please identify the student by first name).

*I recommend posting your original response and then waiting a couple of days to respond to another student’s posting (maybe someone will respond to your posting and you can address their comments).*

Each of your discussion postings must be at least 100 words and demonstrate your understanding and application of the class material.

If you choose to write the minimum 100 words, be sure there is sufficient CONTENT. There is no real content in statements such as “I agree with you” or “Great post” or “Nice job”. Each posting is worth a maximum of 10 points (20 pts per week) for a possible 200 points.

Do not wait until Sundays to post BOTH of your required discussion postings or you will lose 5 points! It is important to participate in the class (especially discussions) during the week and not wait until the last day to contribute. You can earn full credit by posting once earlier in the week and then again on Sunday but if both posts are Sunday, 5 points will be deducted.

**QUIZZES:**

You will have a weekly 20-item multiple-choice quiz on the reading assignment and lecture materials for that week. Quizzes will be available from Monday at 6:00 am until the following Sunday at 11
pm. Quizzes are worth 20 points and may be taken **TWICE** to obtain the highest score. **You should allow sufficient time in-between quiz attempts to study your missed questions.**

You have 30 minutes to complete each quiz attempt and only the highest score will be counted. **Weekly quizzes must be completed by the end of the week (Sunday at midnight Pacific Time).**

**EXAMS:**

There are four (4) required multiple-choice exams, each worth 75 points. The questions will be taken primarily from your reading assignments and lecture materials, but you can expect some exam questions on class activities, discussions, or exercises. **Total possible points = 300.**

Each exam will be made available online for a period of 5 days (see detailed course calendar) and you have 75 minutes to complete the exam. Each exam may only be taken **ONCE.** You must take the exam **BEFORE** it expires to earn credit. Absolutely no make-ups will be offered on exams or quizzes so please plan ahead!

**Important! Once you click "Take the quiz", the countdown clock begins and it cannot be reset. You may not save the exam and restart it later. It must be completed in one sitting.** The exam must be completed within the allotted time (75 minutes from the time you begin) and before it expires at 11:59 pm on Sundays.

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EVERY WEEK - remember the "week" begins Monday at 6 am and ends Sunday at midnight.

**EACH WEEK:**

Click on the **Module** link under the course menu on the left side of your screen. Open the Module associated with the current week (Week 1, Week 2, etc.) and complete all assignments.

The summary of point values for assignments is as follows:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exams</td>
<td>300</td>
</tr>
<tr>
<td>Quizzes</td>
<td>240</td>
</tr>
<tr>
<td>Discussions</td>
<td>160</td>
</tr>
</tbody>
</table>
There are a TOTAL of 700 points available with the following grade breakdown (no + -):

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>630 - 700</td>
<td>A</td>
</tr>
<tr>
<td>560 - 629</td>
<td>B</td>
</tr>
<tr>
<td>490 - 559</td>
<td>C</td>
</tr>
<tr>
<td>420 - 489</td>
<td>D</td>
</tr>
<tr>
<td>&lt;420</td>
<td>F</td>
</tr>
</tbody>
</table>

FALL SCHEDULE OF TOPICS:

<table>
<thead>
<tr>
<th>WEEK</th>
<th>TOPICS OF THE WEEK</th>
<th>ASSIGNED READING (Exploring Psychology)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 &amp; 2</td>
<td>Psychological Science</td>
<td>Modules 1 &amp; 2</td>
</tr>
<tr>
<td>3</td>
<td>Neuroscience and Behavior</td>
<td>Modules 3 &amp; 4</td>
</tr>
<tr>
<td>4</td>
<td>Consciousness and Drugs</td>
<td>Modules 6 &amp; 8</td>
</tr>
<tr>
<td>5</td>
<td>Human Development</td>
<td>Modules 10-12</td>
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<td>---</td>
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<td>---</td>
</tr>
<tr>
<td>6</td>
<td>Learning</td>
<td></td>
</tr>
</tbody>
</table>

**REQUIRED TEXTBOOK:**
[OK with or without DSM-5 update]

ISBN# 978-14641-1173-0 (print version without DSM update)
ISBN# 978-14641-6342-5 (print version with DSM update)

Print textbook is available for purchase in the MJC Bookstore or
[http://www.bookstore.yosemite.cc.ca.us](http://www.bookstore.yosemite.cc.ca.us) (Links to an external site.)
Copies are on reserve in East and West campus libraries for 2 hours in-library use.

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**WHAT YOUR COURSE GRADE IS BASED UPON...**

Class participation is essential to your success in this course. You are expected to be an active student in this class by participating in online discussions and keeping up with all weekly assignments.

**WEEKLY QUIZZES**

- 20 questions, 30 minutes (1.5 minutes per question)
- Time starts counting down as soon as you click "Take the Quiz". You can change answers if there is time remaining
- 2 attempts for each quiz, plan adequate time in-between attempts to study missed questions
- Use quizzes as study aids for the exams; answers will not be provided - use the time between attempts to look up the answers

**EXAMS**

- 75 questions, 1 minute per question
- 1 attempt for each exam
- Correct answers will appear after the exam expires on Sunday nights
- Exams scheduled every 3-4 weeks beginning in Week 4

**WEEKLY DISCUSSIONS**

- Each posting MUST meet the minimum length (100 words each) and content requirements for full credit - See Syllabus "Weekly Discussions" for details.
• Proofread your postings and avoid "texting" format - write in complete sentences

• Do not wait until Sundays to join the discussion; doing so will result in a 5-point deduction for the week